

Country overview

Malnutrition burden

Austria is on course to meet the global target for female diabetes, but is off course to meet the targets for anaemia in women of reproductive age, low birth weight, male diabetes, male obesity, and female obesity. There is insufficient target data to assess Austria's progress for under-five overweight, under-five stunting, under-five wasting, and infant exclusive breastfeeding.

Austria has no prevalence data available for under-five overweight, stunting, or wasting.

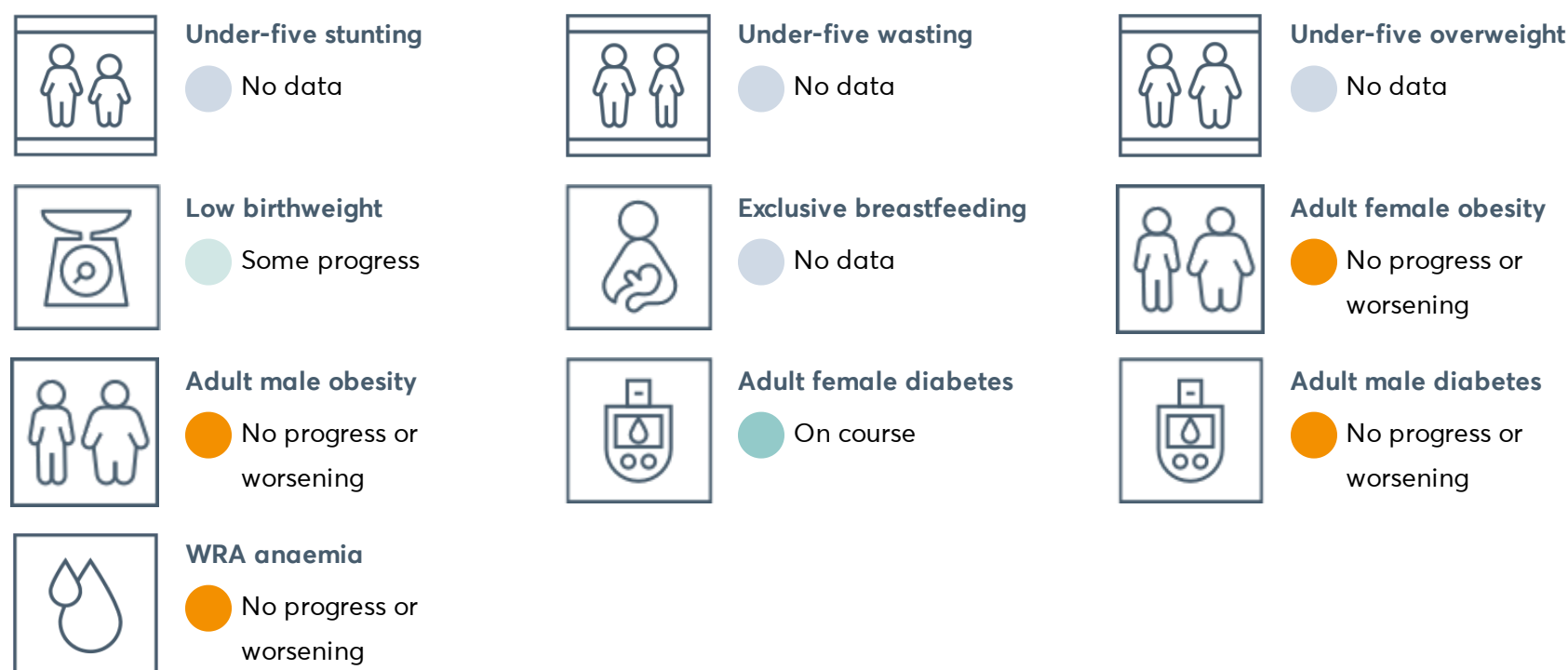
There is also insufficient data on exclusive breastfeeding among infants. Austria's 2015 low birth weight prevalence of 6.5% has increased slightly from 6.4% in 2000.

Austria's adult population face a malnutrition burden. 17.3% of women of reproductive age have anaemia, and 5.4% of adult men have diabetes, compared to 3.2% of women. Meanwhile, 21.9% of men and 18.3% of women have obesity.

Sources: UNICEF global databases Infant and Young Child Feeding, UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, UNICEF/WHO Low birthweight estimates, NCD Risk Factor Collaboration, WHO Global Health Observatory.

Notes: Data on the adult indicators are based on modelled estimates.

Progress against global nutrition targets 2019

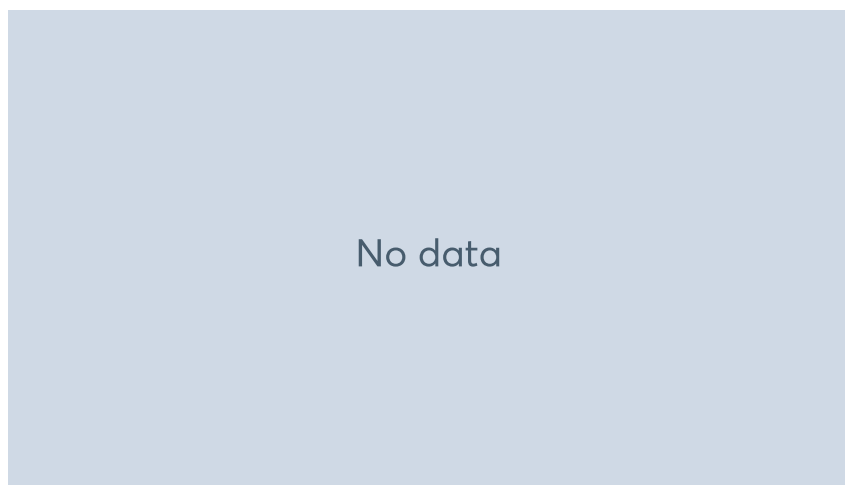


Sources: UNICEF global databases Infant and Young Child Feeding, UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, NCD Risk Factor Collaboration, WHO Global Health Observatory and Global Burden of Disease, the Institute for Health Metrics and Evaluation.

Notes: WRA = Women of a reproductive age; NA = not applicable. The methodologies for tracking differ between targets. Data on the adult indicators are based on modelled estimates.

Child (under-five) nutrition status

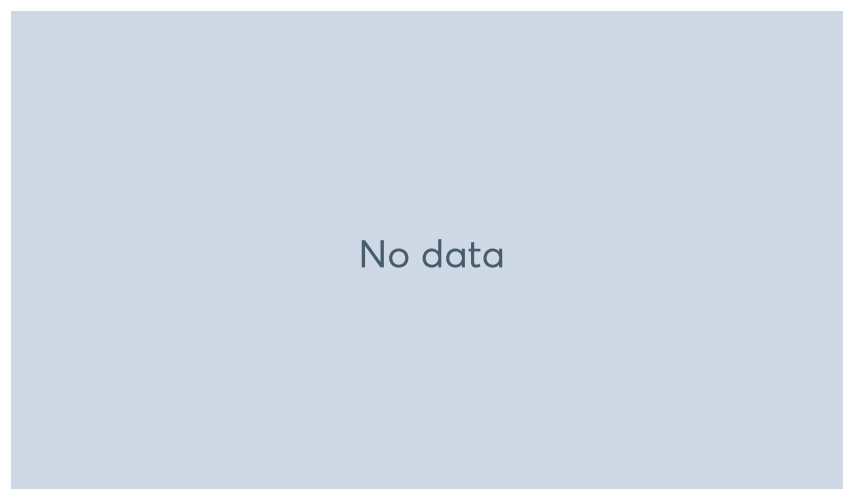
Coexistence of wasting, stunting and overweight



Sources: UNICEF, Division of Data Research and Policy (2019). UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight, January 2019, New York.

Notes: Percentage of children under-five years of age who experience different and overlapping forms of malnutrition.

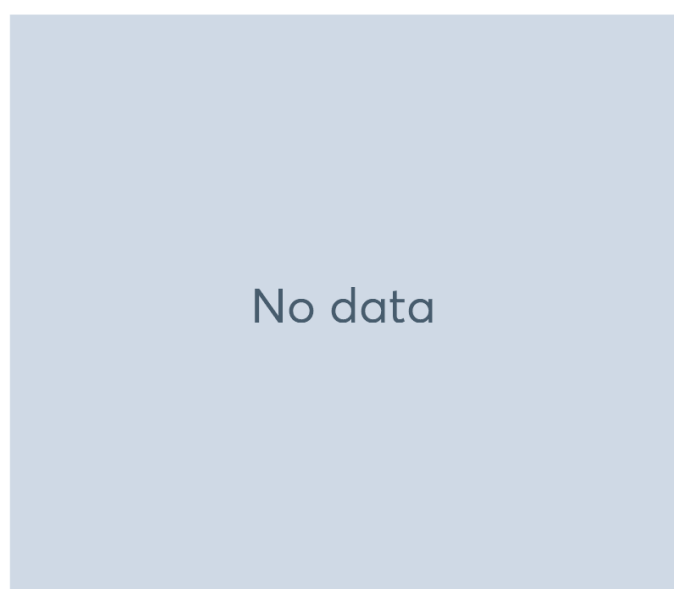
Low birth weight



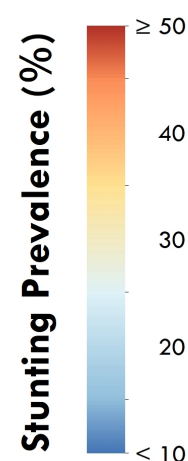
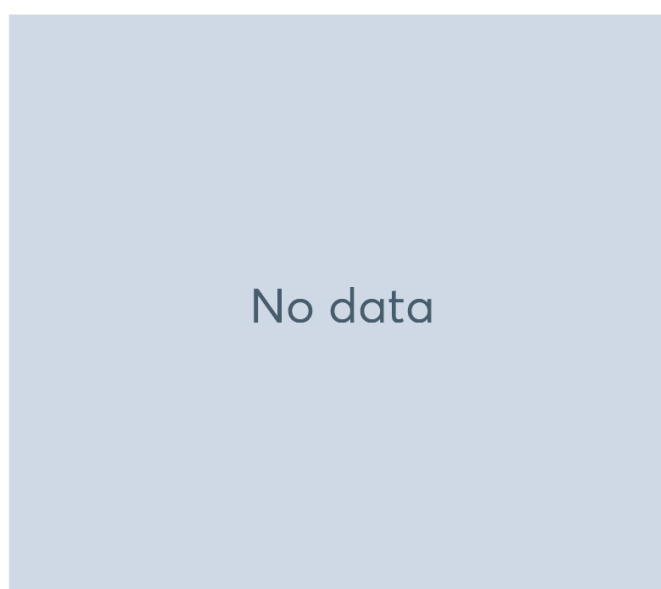
Source: UNICEF/WHO Low birthweight estimates, 2019 edition.

Prevalence of under-five stunting

Stunting at subnational level



Stunting at 5km level



Source: Kinyoki, D.K. et al. Mapping child growth failure across low- and middle-income countries. *Nature* 577, 231–234 (2020) doi:10.1038/s41586-019-1878-8.

Notes: 5 km level map shows prevalence at the 5 x 5-km resolution. Prevalence is the 2017 estimated prevalence, based on a model using a range of surveys between 1998-2018. See source paper for full methods.

Child (under-five) nutrition status over time

Wasting by sex

Stunting by sex

Overweight by sex

No data

No data

No data

Wasting by location

Stunting by location

Overweight by location

No data

No data

No data

Wasting by income

Stunting by income

Overweight by income

No data

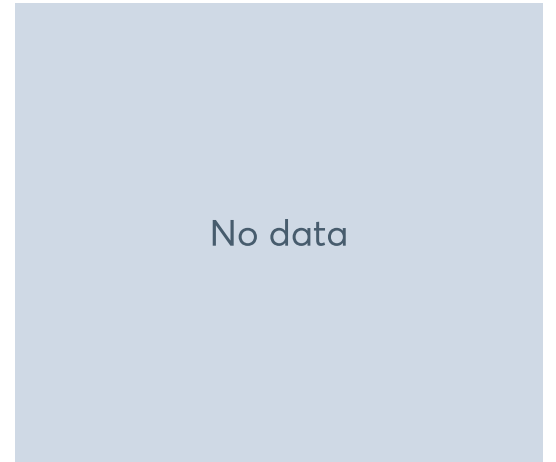
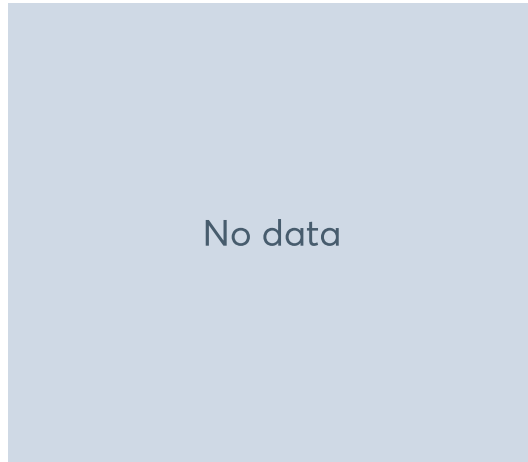
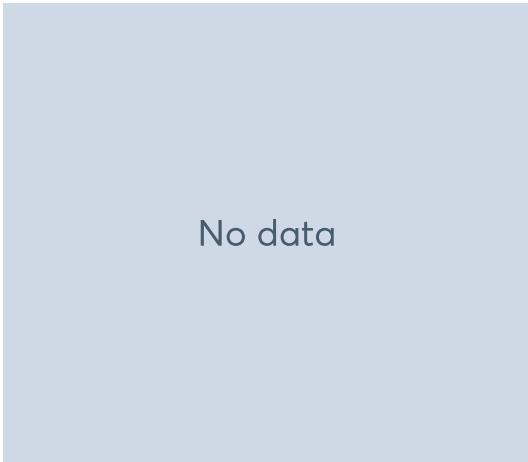
No data

No data

Wasting by mother's education

Stunting by mother's education

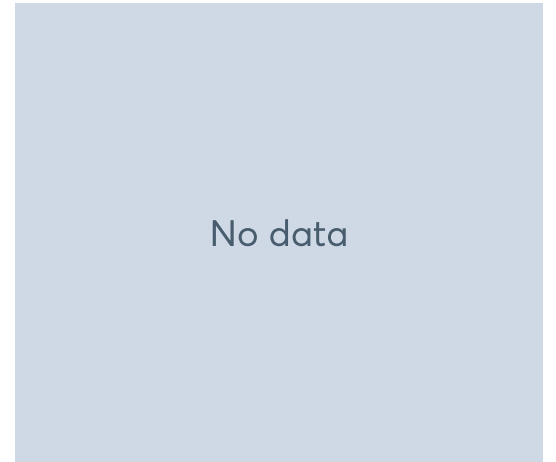
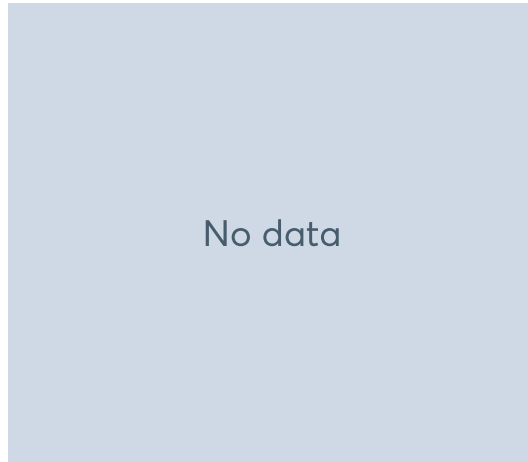
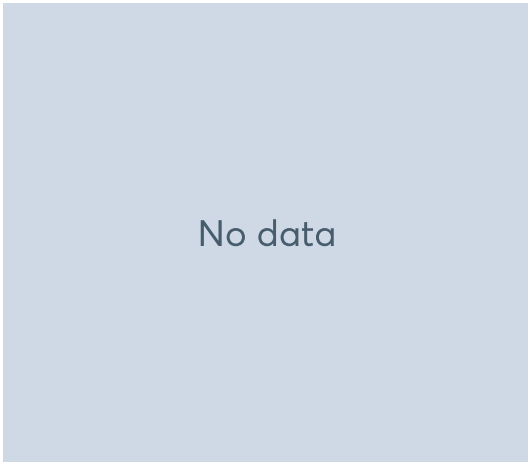
Overweight by mother's education



Wasting by age

Stunting by age

Overweight by age



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates.

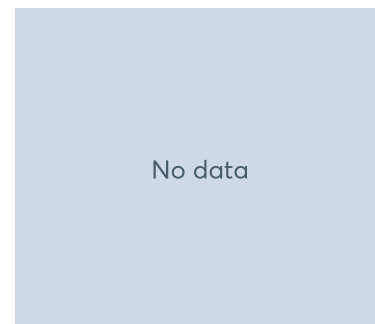
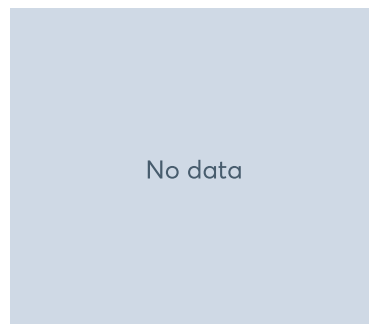
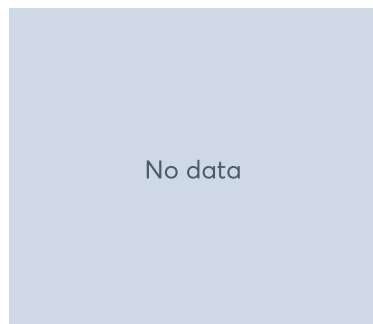
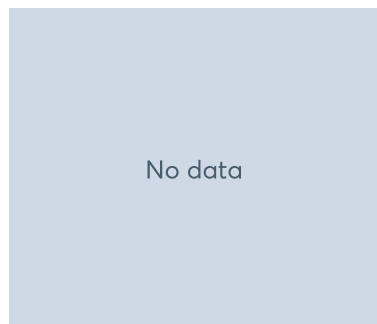
Infant and young child feeding over time

Exclusive
breastfeeding by
sex

Continued
breastfeeding at 1
year by sex

Minimum
acceptable diet by
sex

Intro. to solid,
semi-solid, soft
foods by sex

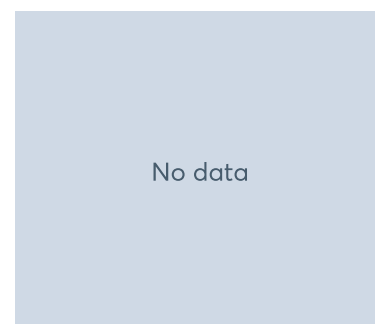
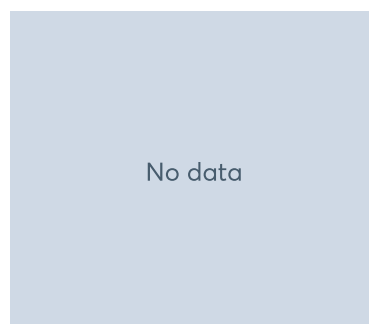
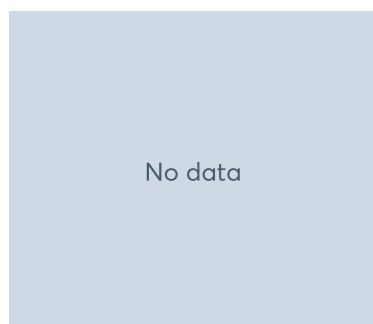
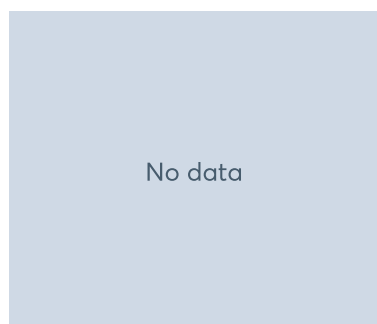


Exclusive
breastfeeding by
location

Continued
breastfeeding at 1
year by location

Minimum
acceptable diet by
location

Intro. to solid,
semi-solid, soft
foods by location

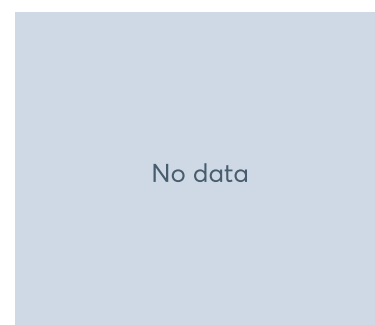
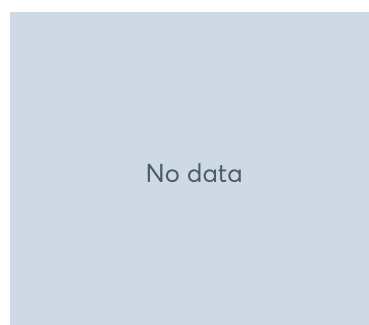
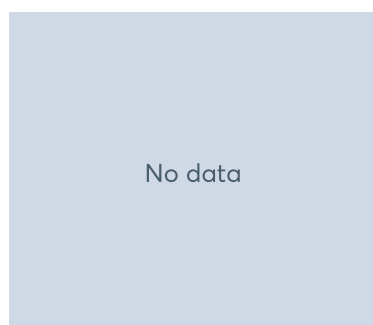
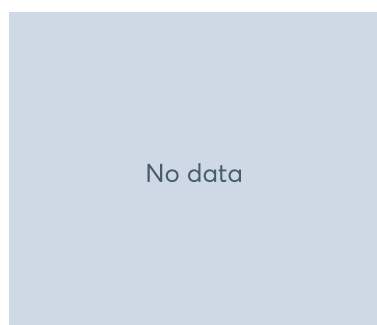


Exclusive
breastfeeding by
income

Continued
breastfeeding at 1
year by income

Minimum
acceptable diet by
income

Intro. to solid,
semi-solid, soft
foods by income

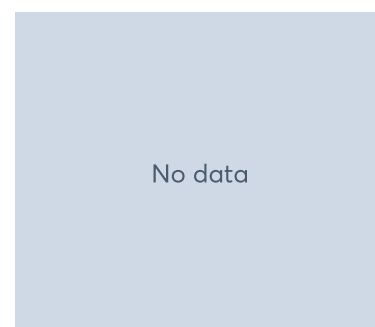
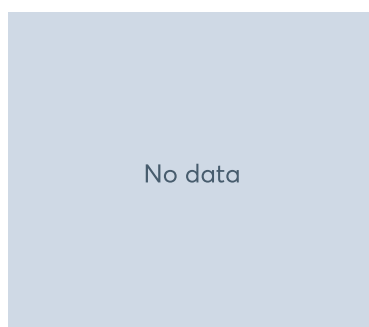
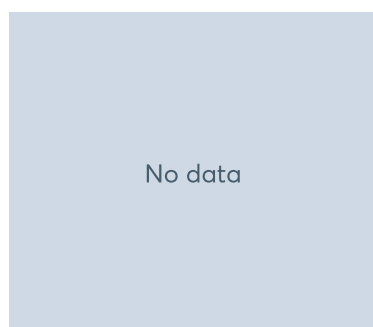
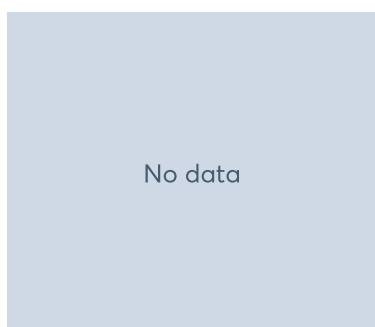


Exclusive breastfeeding by mother's education

Continued breastfeeding at 1 year by mother's education

Minimum acceptable diet by mother's education

Intro. to solid, semi-solid, soft foods by mother's education

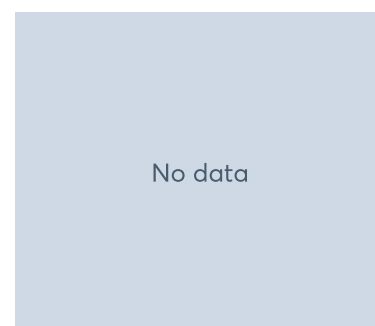
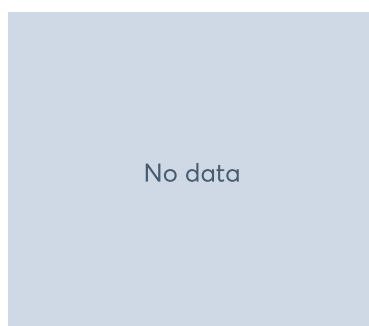
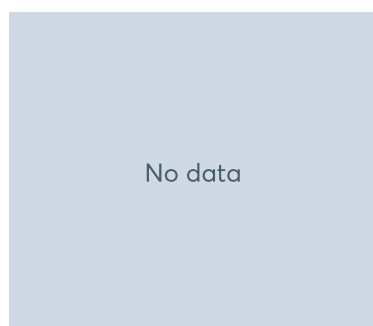
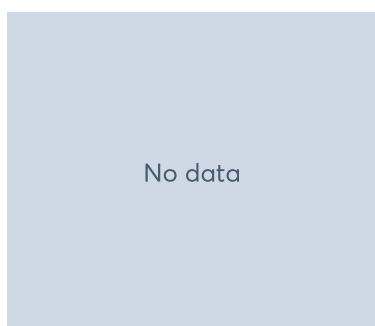


Exclusive breastfeeding by age

Continued breastfeeding at 1 year by age

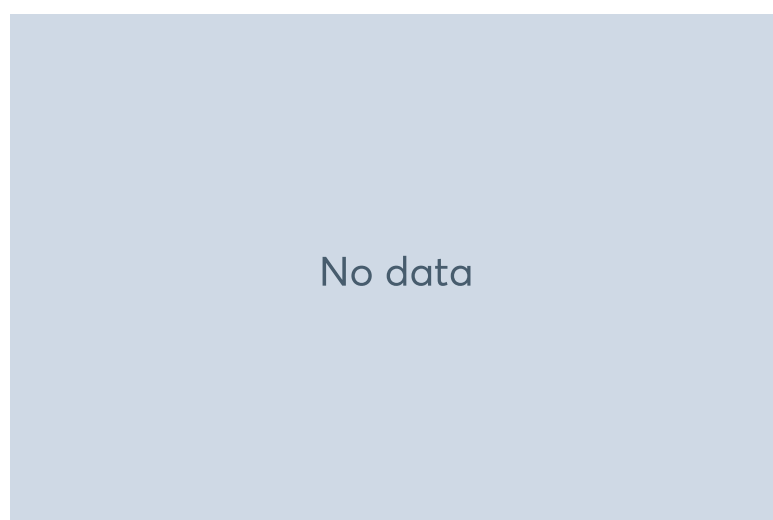
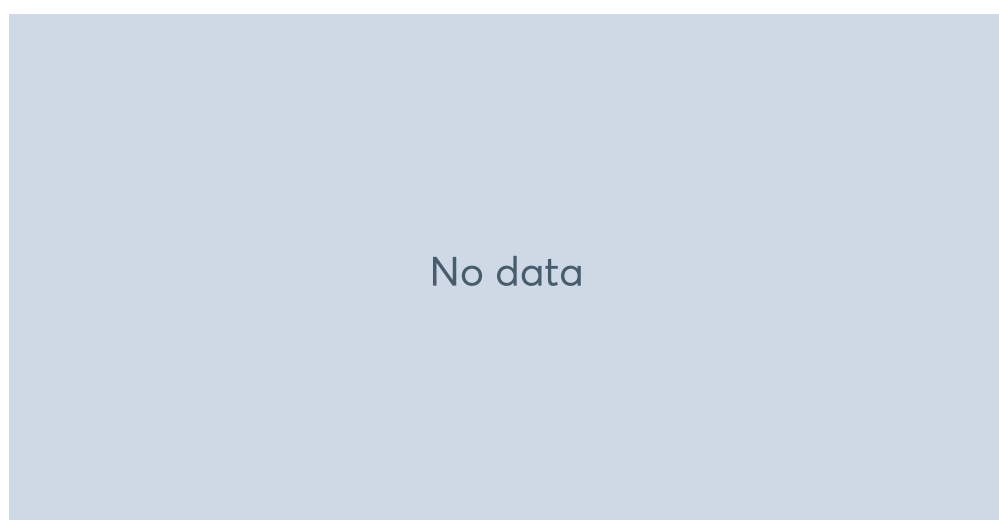
Minimum acceptable diet by age

Intro. to solid, semi-solid, soft foods by age



Sources: UNICEF, Division of Data Research and Policy (2019). Global UNICEF Global Databases: Infant and Young Child Feeding, New York, May 2019.

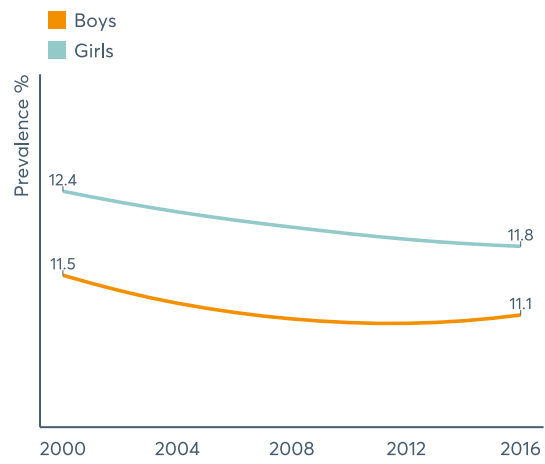
Infant and young child feeding



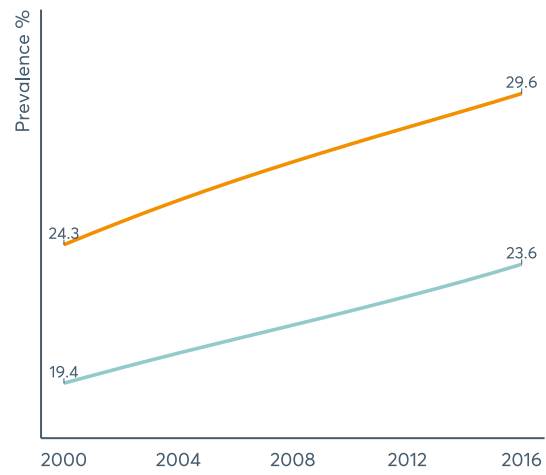
Sources: UNICEF, Division of Data Research and Policy (2019). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, Predominant breastfeeding, New York, May 2019.

Child and adolescent (aged 5-19) nutrition status

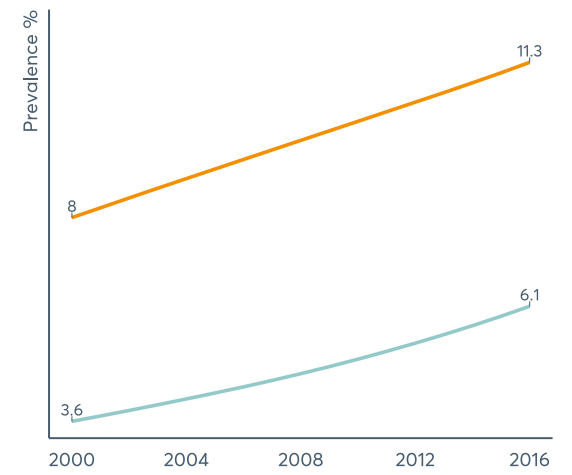
Underweight by sex



Overweight by sex



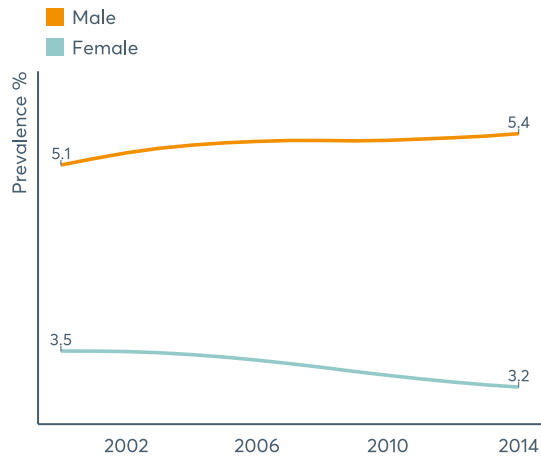
Obesity by sex



Sources: NCD Risk Factor Collaboration.

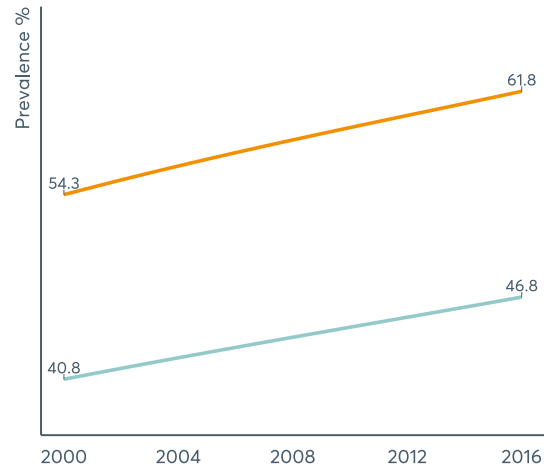
Adult nutrition status

Diabetes by sex

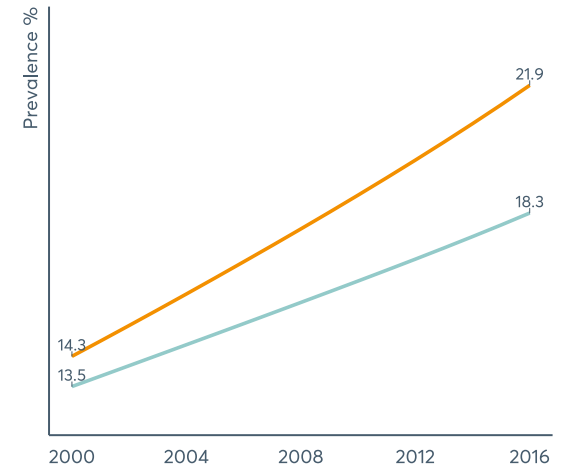


Sources: NCD Risk Factor Collaboration.

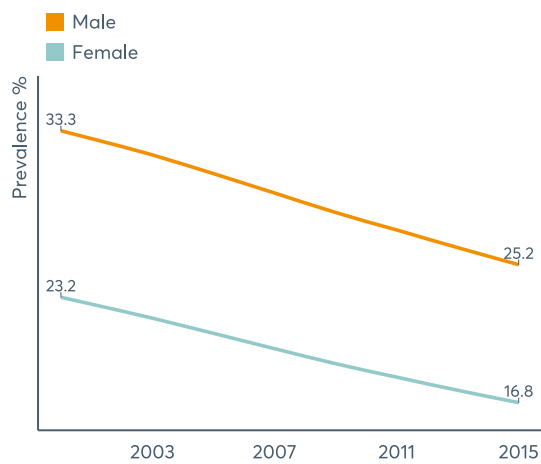
Overweight by sex



Obesity by sex

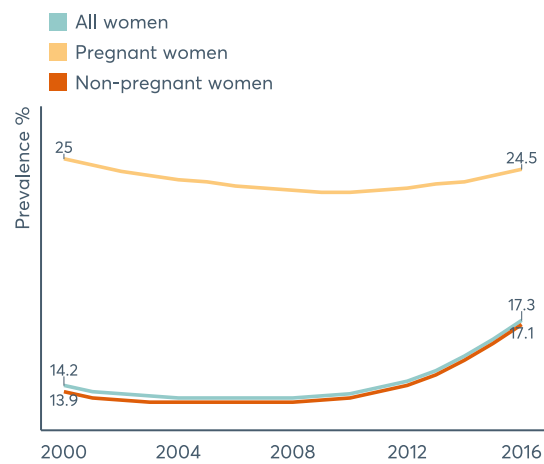


Raised blood pressure by sex



Sources: NCD Risk Factor Collaboration.

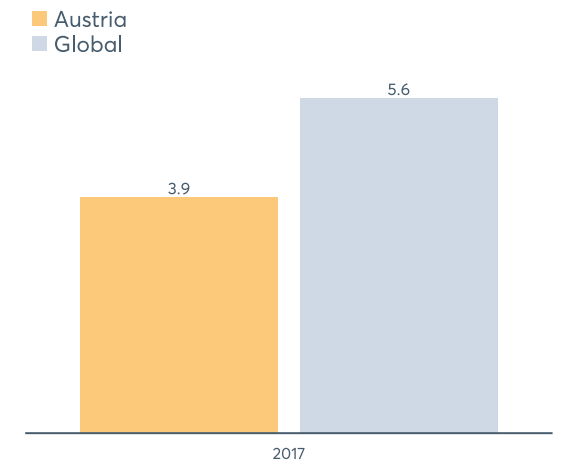
Anaemia in WRA



Source: WHO Global Health Observatory.

Notes: WRA = women of reproductive age.

Sodium intake (grams per day)



Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation.

Dietary needs

Consumption of food groups and components, 2016



Sources: Global Burden of Disease, the Institute for Health Metrics and Evaluation.

Notes: TMREL = theoretical minimum risk of exposure level. Men and women aged 25 and older.

Intervention coverage

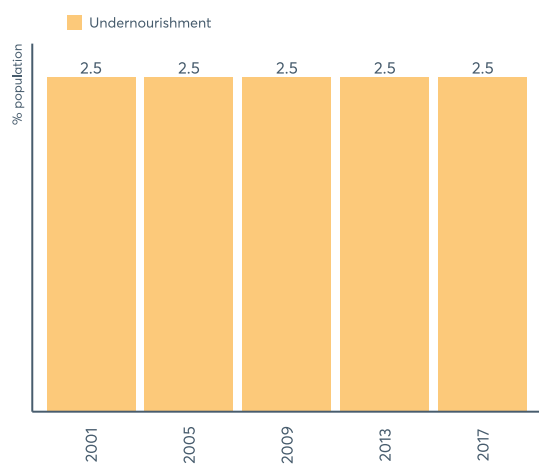
| Coverage/practice indicator | Total (%) | Boy (%) | Girl (%) | Year |
|---|-----------|---------|----------|---------|
| Children 0-59 months with diarrhoea who received zinc treatment | No data | No data | No data | No data |
| Children 6-59 months who received vitamin A supplements in last 6 months | No data | No data | No data | No data |
| Children 6-59 months given iron supplements in past 7 days | No data | No data | No data | No data |
| Women with a live birth in the five years preceding the survey who received iron tablets or syrup during antenatal care | No data | NA | NA | No data |
| Household consumption of any iodised salt | No data | NA | NA | No data |

Sources: Huestis A. and Kothari M., based on 2016 Global Nutrition Report.

Notes: NA = not applicable. Data is compiled using STATcompiler and taken from country Demographic and Health Surveys for 2005-2018.

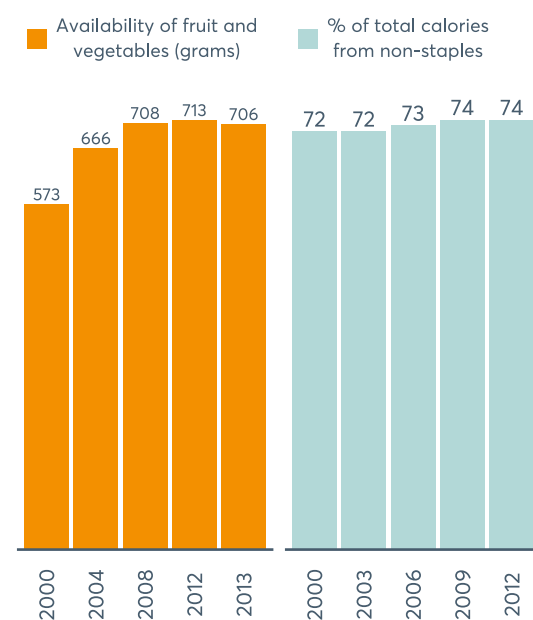
Determinants

Undernourishment



Source: FAOSTAT 2018.

Food supply



Source: FAOSTAT 2018.

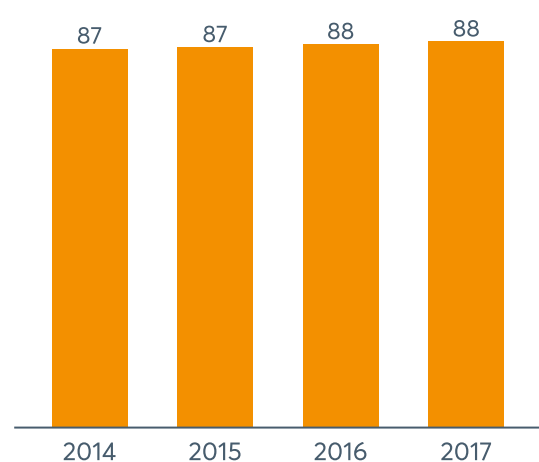
Gender-related determinants

| | | |
|--|---------|---------|
| Early childbearing births by age 18 (%) ¹ | No data | No data |
| Gender Inequality Index (score) ^{*2} | 0.07 | 2017 |
| Gender Inequality Index (country rank) ² | 13 | 2017 |

Sources: ¹ UNICEF 2018; ² UNDP 2018.

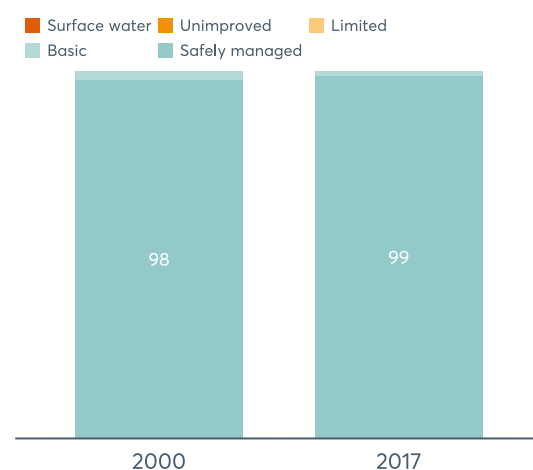
Notes: * 0 = low inequality, 1 = high inequality.

Female secondary education enrolment (net, % population)



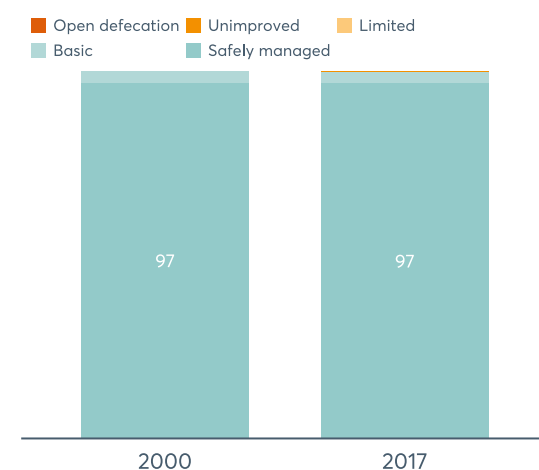
Source: UNESCO Institute for Statistics 2018.

Drinking water coverage (% population)



Source: WHO/UNICEF Joint Monitoring Programme 2019.

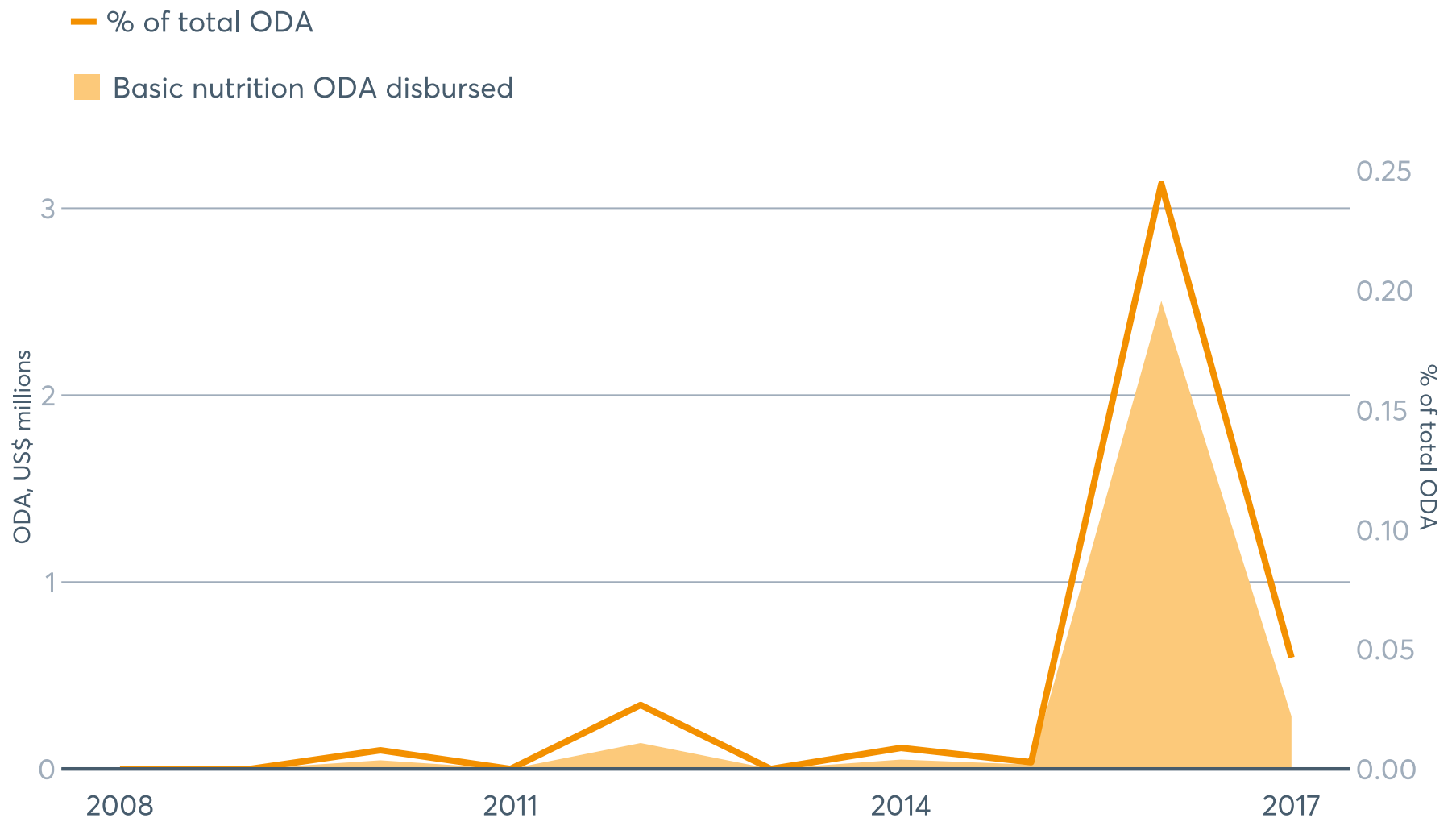
Sanitation coverage (% population)



Source: WHO/UNICEF Joint Monitoring Programme 2019.

Resources, policies and targets

Development assistance



Sources: Development Initiatives based on OECD Development Assistance Committee (DAC) Creditor Reporting System (CRS).

Notes: ODA = official development assistance. Amounts based on gross ODA disbursements, constant 2017 prices. Figure includes ODA grants and loans, but excludes other official flows and private grants.

National policies

| | |
|--|-----|
| Mandatory legislation for salt iodisation | Yes |
| Sugar-sweetened beverage tax | No |
| Food-based dietary guidelines | Yes |
| Policy to reduce salt consumption | No |
| Operational policy, strategy or action plan to reduce unhealthy diet related to NCDs | Yes |
| Operational, multisectoral national NCD policy, strategy or action plan | No |
| Operational policy, strategy or action plan for diabetes | Yes |
| Policy to reduce the impact on children of marketing of foods and beverages high in saturated fats, trans-fatty acids, free sugars or salt | No |
| Policy to limit saturated fatty acids and virtually eliminate industrially produced trans-fats | Yes |

Sources: Global Fortification Data Exchange 2018; Sugar-sweetened data prepared using data from the NOURISHING database, academic references and market reports; FAO 2018; WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review, WHO Global Health Observatory.

Notes: NA = not applicable; NCD = non-communicable disease.

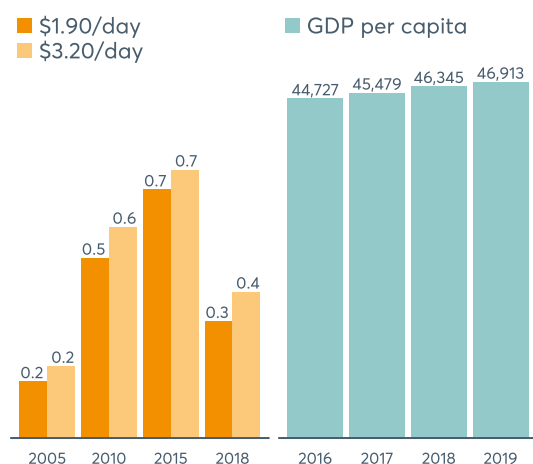
Targets included in national (nutrition or other) plan

| | |
|--|-----------------------------------|
| Stunting | Anaemia |
| No | No |
| Low birth weight | Child overweight |
| No | Yes |
| Exclusive breastfeeding | Wasting |
| No | No |
| Salt intake | Overweight adults and adolescents |
| No | Yes |
| Multisectoral comprehensive nutrition plan | |
| No | |

Sources: WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

Economics and demography

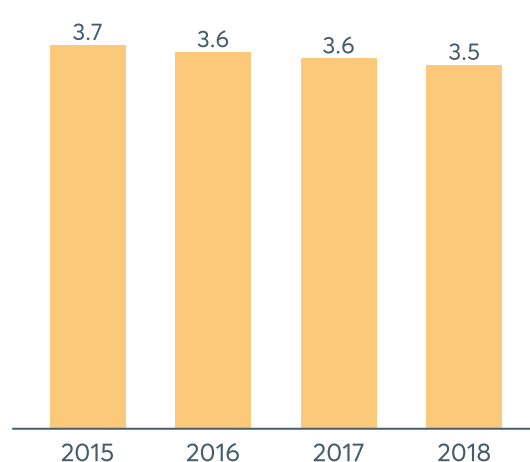
Poverty rates (%) and GDP (PPP\$)



Sources: World Bank 2019, IMF World Economic Outlook Database 2019.

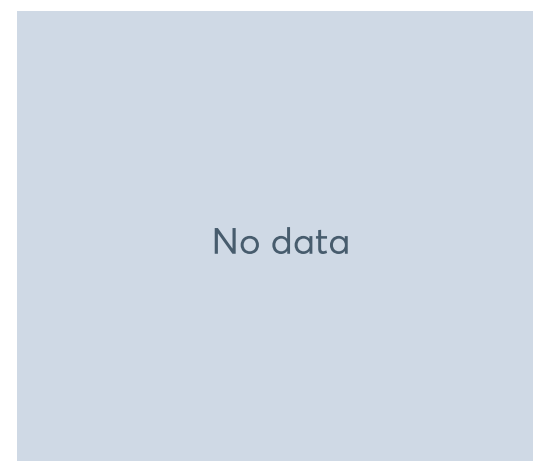
Notes: PPP = purchasing power parity.

Under-five mortality (per 1,000 live births)



Source: UN Inter-agency Group for Child Mortality Estimation 2018.

Government revenues (\$m)



Sources: IMF Article IV staff reports (country specific) and IMF World Economic Outlook Database (April 2019).

Income inequality

| Gini index score ¹ | Gini index rank ² | Year |
|-------------------------------|------------------------------|------|
| 30 | 25 | 2015 |

Sources: World Bank 2019.

Notes: ¹ 0 = perfect equality, 100 = perfect inequality. ² Countries are ranked from most equal (1) to most unequal (159).

Population

| | | |
|-----------------------------------|-------|------|
| Population (thousands) | 8,847 | 2018 |
| Under-five population (thousands) | 442 | 2019 |
| Rural (%) | 42 | 2018 |
| >65 years (thousands) | 1,708 | 2019 |

Sources: World Bank 2019, UN Population Division Department of Economic and Social Affairs 2019.

Population density of health workers per 1,000 people

| | | |
|--------------------------|---------|---------|
| Physicians | 5.23 | 2016 |
| Nurses and midwives | 8.3 | 2015 |
| Community health workers | No data | No data |

Sources: WHO's Global Health Workforce Statistics, OECD, supplemented by country data.